



IDAHO DEPARTMENT OF  
**HEALTH & WELFARE**  
DIVISION OF BEHAVIORAL HEALTH

# **Need help with substance use? You are not alone.**

**In Life Threatening Emergencies,  
Call 9-1-1**



**In a Crisis?**

Call **2-1-1** or **800-926-2588**  
**IdahoCareline IDHW**

**Need to Talk?**

Call or Text **208-398-4357**  
**Idaho Suicide Prevention Hotline**

**Need Narcan?**

Call **208-991-4574**  
**Idaho Harm Reduction Project**

**Need Treatment?** Call **800-662-HELP (4357)**  
**FindTreatment.gov**